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The CE4 Corner

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September/October, 2013 – Reclaiming our lives from “Them”

In recent hypnotherapy work with clients at [Explore with Hypnosis](#), I have observed a common, sometimes heart-wrenching theme. Whether the cases involved alien abduction or more earthly issues, the theme is similar as more often than not, the person's life story involves some form of life-long abuse. They carry the ever-present sense (whether real or not) that at any moment, it could happen again. Often, the person involved find themselves stuck in the role of victim. In many aspects of life, they have lost control of their very being.

In this article, I aggregate several recent cases into one to illustrate how this particular issue shows up, and how it can be resolved. A week or two ago, a woman I will call "Eleanor" came into my studio with a significant mind-body health issue. In this case, although she was an experiencer, the issue she wanted to work on had little to do with close encounters (at least on the surface). Rather, it involved significant pain, both physical and emotional. As I interviewed her, I found she had endured a life of abuse, both at the hands of humans and of other-than-humans.

It is difficult to impossible to predict or prepare for either UFO abduction or more earthly abuse. An event causing intense fear could occur at any moment and there is no defense against it. The result is often a victim mentality - the sense that one isn't in control of one's own life. Left unchecked, the effects can cascade into fatalism, depression, substance abuse, and the litany goes on... The result can be severe, even life-threatening. In Eleanor's case, she had nearly given up, deciding there was nothing she could do. As a result, instead of externally, she carried the pain and struggle within her own body - resulting in significant mind-body illness.

During hypnotherapy with close encounter experiencers, I often find this issue of loss of control. Thus one of the greatest objectives often involves keeping, regaining or reasserting control over life. This is especially true when the event could occur again at any time.

During hypnotic regression, it turned out that there had probably been several abusers - some human, some nonhuman. In each case, Eleanor found herself back in earlier moments in life when she was being tormented. In each case, we had to do significant fear and pain management using a number of powerful hypnotherapy tools (the topic of another article) to help her come to terms with what had happened.

In the face of this seemingly random peril - this sword of Damocles hanging overhead, how could I help Eleanor resolve the fear, anger and



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**PARK FREE! The building is
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(Note: The building has no
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come and go as you please
and smoke outdoors. There
is also an elevator.)**

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helplessness that came with her experiences? How could she resolve her fear of "Them" returning at any moment.

In hypnotherapy, there are several techniques available to help a person come to terms with past or present pain. More often than not, they involve resolution, confrontation and forgiveness. Each is powerful, moving, and sometimes painful. And almost always, they are stunningly effective.

In one of the simplest techniques, which hypnotherapists call "chair therapy" or "forgiveness of others" (FOO for short), I invite the client/experiencer to imagine that the offender is sitting in a chair some distance away from the client (whether that offender is an alien or a human abuser is largely immaterial). In this case, I will just call the offender 'the bad guy'. As the FOO session gets going, I invite the client can say whatever they wish - the bad guy has to listen - it's my studio and my rules.

Now, as Eleanor confronted her abuser, a rather powerful string of expletives (quite uncharacteristic of Eleanor) flew across the room. While most such sessions are far less colorful, regardless of the delivery the core message gets through - a message of pain and confrontation.

Then I invited Eleanor to give the bad guy an opportunity to respond to her diatribes. The ultimate intent is to foster a dialog leading to forgiveness and in some cases, this can occur relatively quickly. In Eleanor's case, one of the bad guys - a relative from the past - quickly apologized, then faded from the scene.

But often - including other bad guys in Eleanor's life - it isn't that easy. When the bad guy is particularly abusive, he often feels little remorse. He either doesn't understand or he adopts an arrogant attitude. There is almost no way he's going to apologize - at least not without a little help. At this point, I invite the client to imagine filling a bucket with the pain the bad guy caused her. She imagines ripping it out by the roots and plopping it in the bucket or some similar imagery. In this case Eleanor's bucket was chock full of some very ugly stuff - both physical and mental/emotional pain.

I then have the client give the pain back to the bad guy. Again, since it's my studio and my rules, the bad guy has to take the pain, own it, feel it. Often at this point, the bad guy displays a powerful change of tone - a shift from arrogance to regret when the bad guy realizes the extent of the pain he has

caused. When he feels all that pain cascading back to him, suddenly a change occurs. Often times, the result is an apology - tearful, heartfelt regret.

This basic sequence most often occurs when the bad guy is human - an unrepentant abuser from the client's childhood (usually no longer alive). Once this transformation occurs, the client/victim can then forgive the bad guy (at least in part) and let go of the hurt carried in their mind/body/soul most of their lives. The result is like shedding a hundred-pound weight, a burden they have carried on their shoulders for years.

As I watched, Eleanor confronted the abuser in her childhood and then let him go. In an instant, she shed the burden of years, setting aside most of a lifetime burden of anger and hatred. Her shoulders relaxed. She sat taller in the chair and looked as if she had just cast off a weight equivalent to that of a canoe or an ox yoke.

But sometimes, especially when dealing with alien abduction, the bad guy digs in and becomes even more arrogant. Especially when dealing with an 'alien' persona, the bad guy sometimes takes on the air of entitlement - a 'scientist' entitled to do what it wishes with it's experimental humans. On multiple occasions, the alien persona told me, directly channeling through the experiencer, that it/he/she has the right. They are superior beings, scientists conducting research for our own good. In Eleanor's case, this 'alien' was truly an arrogant piece of work.

I often hear the 'alien' claim that the experiencer agreed to this role, perhaps in a previous life, perhaps while a soul in a life between lives, or some other metaphysical (i.e. unprovable) scenario. In this case, an 'alien leader' claimed that Eleanor had given them permission while in the inter-life.

My response was "BS" (I often spell out the expletive full form but this is a newsletter fit for the whole family). I often tell the alien persona that I don't believe them, that the person (my client) is a living, conscious, sentient being in a free-will universe. He/she has the right to self-determination, happiness and free will. And 'you' (the bad guy) have no right to interfere with that.

The 'alien' persona often challenges me at that point - who am I (a mere human) to challenge its authority? (Imagine a lab mouse standing up to the scientist). My usual response is that I am the healer/hypnotherapist that Eleanor (or whatever the experiencer's name is) has asked for help. Eleanor has asked my help to deal with the pain

YOU have inflicted upon her. This gives me every right to challenge you (the bad guy - add a few !!!! points here).

Often, at that point, the client/experiencer chimes in, concurring, emboldened. All during this time, she is feeling increasingly empowered by the fact that someone has finally believed them, finally stood up to the abuser. As Eleanor broke into the conversation, I heard her increasingly strident voice telling the alien persona in no uncertain terms, to go away.

I often ask the client's spiritual side or higher self what relationship he/she actually wants to have with the phenomenon. At that point, the experiencer often asserts her own authority over her life, telling her alien tormentors, 'I forbid this' or 'I revoke permission' to do this. The result is often a surprise.

On more than one occasion, I have heard the 'alien persona' suddenly change from a heartless lab scientist to something more like a teacher. In [The Cosmic Bridge](#), I describe the case of 'Jenny,' who had experienced a lifetime of torment at the hands of the phenomenon. During this confrontational stage of hypnotherapy, as she stood up to her alien captors, I heard the leader unexpectedly say something like 'GOOD, you finally get it...'

For Jenny and Eleanor, the lesson appears to be that each of us is a soul living a human existence. And as such, we each have the inalienable (no pun intended) right to our own sovereignty. We have the right to grant and/or revoke permission in any relationship, be it with humans or aliens.

Could that be the actual point, the reason for at least some of the negative aspects of the close encounter phenomenon? Could part of our interaction with the phenomenon, the darker, challenging side, actually be a lesson? Could the phenomenon in some sense be trying to teach us this very subject?

When this change occurs within the experiencer's subconscious, the result is nearly always a profound transformation. Fear becomes greatly reduced (or vanishes). Often, the abduction events change character - or even cease altogether.

It's a matter of individual discernment, whether the experiencer is actually talking with a real alien being. One hypothesis is that there is indeed a degree of telepathic contact going on. However another view is that, like release and forgiveness involving other human bad guys (living or

deceased), the alien persona is simply a representation within the experiencer's mind. While several experiments might be possible to determine which is the case, for the healing process in my studio, the result is immaterial.

In addition, it's not clear whether an actual change occurs in the physical dynamics of the phenomenon. In my view, since we don't understand what the phenomenon actually is, the actual impact on the abduction scenario is still beyond understanding. But that's a topic for a different article - one we've covered in the past, and will again in the future. But whatever the case, nearly every experiencer has told me that their interactions with the phenomenon changed dramatically following this work.

Following forgiveness and assertion process, the fear they once felt, the dread of random kidnappings during the night, vanishes. Sometimes abductions turn into contacts - voluntary interactions. Sometimes they involve metaphysical gifts such as healing, psychic abilities, etc. Some become a religious experience - turning their soul and their experiences over to God (in whatever way they believe in God). And for still others, the interaction ceases altogether as they slam the door on their abductors.

Have we 'solved' the problem of alien abduction? No(!!!). I do not believe we even understand what the phenomenon is and what it's doing in our world. Therefore, as mentioned above, we still don't know how it has actually changed for the experiencer.

Have we found a way to help the experiencer? Yes, I believe we definitely have found a way to reduce the pain of the experience. Now, the experiencer can come to terms with whatever is going on. And in that, I believe we have made an important first step, helping the experiencer to regain sovereignty over his/her life. Now, we can begin to reclaim our lives from 'Them.'

CORRELATIONS – AGREEMENT OF INFORMATION FROM DIFFERENT SOURCES

**William I. McNeff -- Chief Investigator
MUFON Minnesota**

In his presentation to the MUFON Symposium a few years ago, Harvard scientist and black hole expert Rudy Schild explained his theory of space-time travel via black holes. In Roger Kvande's accounts which are documented in the book "Extraterrestrial Odyssey", co-authored by Craig R. Lang and yours truly, he explains how he witnessed and participated in space-time travel, which he believes was via a black hole after suppression of the four basic forces of physics by a special field generated by the intelligent space craft that abducted him on several occasions. And in their book "The Alien Abduction Files" Kathleen Marden and Denise Stoner present information brought out under hypnosis that the alien's travels are accomplished through black holes.

It is a rule of journalism that when you have testimony from three or more sources that is in agreement, you are entitled to publish it with a high presumption that it is fact. Science, of course, cannot be satisfied by this kind of evidence. A comprehensive theory of space-time travel is needed, with equations that do not conflict with present physics theory, or at least allow an enlargement and/or refinement of that theory. Ufology, however, has aspects of both science and intelligence -- intelligence as in the art of spying. Present day physicists, such as Eric W. Davis, Harold Puthoff and Stephen Hawking are primarily examining the possibilities of space-time travel via wormholes and warping of space-time. I would like to see more work on time travel via black holes.

Over a decade ago, Michigan ufologist Dan Wright correlated many accounts of UFO occupants and determined that they fell into four groups: Three different types of "grays" and one tall, fair-haired human-like type, which along the way has been nicknamed "Nordics". There may well be other varieties of "grays"; a new study should be made. The intelligent beings and the non-intelligent androids that Roger Kvande described, while they had a superficial resemblance to some of the "grays", according to him had a brownish skin and round eyes, not the almond shaped eyes that many types of grays are credited with. The shape that all of these creatures have in common is the humanoid shape: a body, two legs, two arms and a head held up by a neck which generally is noted to allow

turning the head to allow more efficient viewing of one's surroundings. The eyes are always toward the top of the skull, again to allow surveying more area, and are presumably close to the brain to allow fast reaction time. Accounts of alleged alien autopsies confirm that the brains of these creatures are in their heads -- see papers by the late Leonard Stringfield. Scientists have noted that the human shape has certain advantages and should be expected to predominate in reports of ET aliens. This seems to be the case.

In more recent years, accounts of reptilian and mantis-like creatures have come to light. These have been reported in company with "grays", working with them. Ms. Marden's book includes accounts from two different sources that the ETs original home planet is becoming uninhabitable. One of these accounts states that it was due to a war of aggression by an invading species that was fought off, but the planet was left in ruins, and the survivors were forced to go underground to live. Such a scenario has been hinted at in other abduction accounts over the years. Several ufologists have speculated that the grays seem to dislike strong light, and may live underground in their natural state. This constitutes another correlation.

Considering the many accounts of genetic cross-breeding or modification, it seems reasonable to conclude that all of these creatures -- grays, Nordics, reptilians and mantises may be working together to create a new, more robust creature that can survive on new planets. Roger Kvande points out that we humans and our circadian rhythms may be so physiologically attuned to our planet, with its cycles of light and darkness and tidal forces that we would have a problem being healthy on a different planet with different conditions. There may a lot of truth to that. Abductees often report receiving a message from the aliens that their involvement in abductions will be of benefit to mankind. It occurs to me that if the Earth were to become uninhabitable, the "hybrids" might become the best vehicle for allowing the most valuable aspects of human beings to find a home on a new planet.

CIA acknowledges Area 51 _ but not UFOs or aliens

**HANNAH DREIER - Associated Press
(AP), August 16, 2013**

<http://www.knoxnews.com/news/2013/aug/16/cia-document-maps-area-51-but-no-mention-of-ufos/?print=1>

LAS VEGAS (AP) — UFO buffs and believers in space aliens are celebrating the CIA's clearest acknowledgement yet of the existence of Area 51, the top-secret Cold War test site that has been the subject of elaborate conspiracy theories for decades.

The recently declassified documents have set the tinfoil-hat contingent abuzz on the Internet, though there's no mention in the papers of UFO crashes, black-eyed extraterrestrials or staged moon landings.

The CIA history released Thursday not only refers to Area 51 by name and describes some of the activities that took place there, but places the Air Force base on a map, along the dry Groom Lake bed.

It also describes some cool planes, though none of them are saucer-shaped.

George Washington University's National Security Archive used a public records request to obtain the CIA history of one of Area 51's most secret Cold War projects, the U-2 spy plane program.

National Security Archive senior fellow Jeffrey Richelson first reviewed the history in 2002, but all mentions of the country's most mysterious military base had been redacted. So he requested the history again in 2005, hoping for more information. Sure enough, he received a version a few weeks ago with the mentions of Area 51 restored.

The report is unlikely to stop the conspiracy theories. The 407-page document still contains many redactions, and who's to say those missing sections don't involve little green men?

Some UFO buffs and others believe the most earth shattering revelations will come from Area 51 workers, not an official document.

"The government probably will not release what it knows," UFO researcher Robert Hastings said. "My opinion is that whoever is flying these craft will break the story and will reveal themselves at some

point in the future. The CIA is not going to release anything they don't want to talk about."

It's not the first time the government has acknowledged the existence of the super-secret, 8,000-square-mile installation. Former Presidents Bill Clinton and George W. Bush referred to the "location near Groom Lake" in insisting on continued secrecy, and other government references date to the 1960s.

But Richelson as well as those who are convinced "the truth is out there" are taking the document as a sign of loosening secrecy about the government's activities in the Nevada desert.

The site is known as Area 51 among UFO aficionados because that was the base's designation on old Nevada test site maps. The CIA history reveals that officials renamed it "Paradise Ranch" to try to lure skilled workers, who can still be seen over Las Vegas flying to and from the site on unmarked planes.

Beginning with the U-2 in the 1950s, the base has been the testing ground for a host of top-secret aircraft, including the SR-71 Blackbird, F-117A stealth fighter and B-2 stealth bomber. Some believe the base's Strangelovian hangars also store alien vehicles, evidence from the "Roswell incident" — the alleged 1947 crash of a UFO in New Mexico — and extraterrestrial corpses.

The CIA history mentions an "unexpected side effect" of the high-flying planes: "a tremendous increase in reports of unidentified flying objects." The U-2 and Oxcart planes, which flew higher than civilians believed possible, accounted for half of UFO sightings during the 1950s and '60s, according to the report.

Even for those who do not believe, the mystery surrounding the site — situated about 100 miles northwest of Las Vegas, across miles of empty desert speckled with Joshua trees and sagebrush — has been a boon.

One Nevada bicycle event company produces an "X Rides" event that incorporates mountain and road biking near a certain heavily guarded patch of Nevada desert. Las Vegas' minor league baseball team is called "the 51s."

Small-town restaurants along State Route 375, officially designated the Extraterrestrial Highway, sell souvenir T-shirts to tourists making their way

to the boundary of Area 51, which consists of a no-trespassing sign, a surveillance camera and an armed guard on a hill.

Is there a UFO Government Control Group? – New Information

Written by Grant Cameron, 19 July 2013

<http://www.presidentialufo.com/articles-a-papers/515-is-there-a-ufo-government-control-group-new-information?>

In my book “UFOs, Area 51, and Government Informants” (<https://www.createspace.com/4129050>) I spent a lot of time looking at the evidence that backed the idea of an inside control group known as MJ-12. The idea of this MJ-12 group started to appear in the early 1980s, through a researcher known as Bill Moore. Moore had written a book known as the Roswell Incident which sold many copies and was the forerunner of the modern obsession with the Roswell crash.

Days after Moore released the book he was contacted by US intelligence which started to tell him the story of MJ-12, the super-secret group that had been established by President Harry Truman to deal with the extraterrestrial presence on earth. Moore was fed information by both USAF master sergeant Richard Doty and a second person attached to the CIA that Bill Moore gave the code name Falcon. Later 10 more intelligence sources would come forward to provide information to Moore. It is believed that some of these may actually have been ex-CIA directors.

The Moore involvement with the MJ-12 story culminated in a document release made in 1987 by Moore and two other researchers by the names of Jamie Shandera and Stanton Friedman. The document released, marked Top Secret Restricted, purported to be a briefing document presented to then President-elect Dwight Eisenhower about the 12-person group of high level scientists and military officials who made up the elite Top Secret MJ-12 committee.

In “UFOs, MJ-12 and Government Informants” (<https://www.createspace.com/4129050>) I wrote that I believed the document had been a leak of true and false material that had been authorized by present day MJ-12 type group to desensitize the public about how the flying saucer problem had been handled by the White House.

I also wrote that although some of the material in the document did not appear to be correct (like the failure to mention that there was a live alien recovered at Roswell), there was lots of evidence that indicated that this mythical MJ-12 group mentioned in the document had existed. The reason for altering the document was to avoid breaking the law by releasing classified material and to protect the overall UFO program that needed to remain classified. The evidence indicating that there actually was an MJ-12 group included the following items;

-My co-author T. Scott Crain had come across a woman (USAF NCO) who had been on a 1979 declassification team in Okinawa, Japan. While declassifying documents in a General's office the team came across a document that she told us may not have been the same document but appeared to contain all the same material. This woman was hassled when we first released the book in 1991.

-In conversations with the former President of Penn State University he confirmed the MJ-12 group. His first confirmation came in 1987 just days after Moore made the MJ-12 document public. Walker said, “Yes, I know of MJ-12. I have known of them for 40 years. I believe that you're chasing after and fighting with windmills!!”

-Moya Lear, the wife of Lear Jet inventor Bill Lear, phoned her friend four-star General James Doolittle to ask if the group had existed. Doolittle confirmed the group had existed but said that is all he could say. She was prodded to do this by her son John Lear who had just become aware of the MJ-12 document.

-Edgar Mitchell, the Commander of Apollo 14, is another high level person who confirmed that the group MJ-12 did exist based on sources he had.

-General Arthur E. Exon, who was at Wright Field in 1947 when the alien bodies were shipped from the Roswell crash site, said he “was aware of a UFO controlling committee made up primarily of very high-ranking military officers and intelligence people. He did not know the name of the group but called them the “Unholy Thirteen.”

-In July 1989, Bob Oeschler provided some of the most dramatic evidence supporting the existence of a group known as MJ-12 when he taped a conversation on the MJ-12 subject with Bobby Ray Inman. Inman stated “that MJ-12 meant

something to him.," and that "he has been aware of a program to 'indoctrinate the public' in UFO matters prior to his retirement," and that he had "some expertise" in the area of UFOs but his information was out of date at the time of the conversation.

-Another person who gave some confirmation to the existence of MJ-12 was an archivist at the National Archives in College Park, Maryland, who approached me after a lecture in Eureka Springs, Arkansas in 2005. His job was to declassify documents for release which meant that he worked right inside the classified vault and saw all government documents before their release. He stated that a colleague had reported seeing documents with the MJ-12 designator on them years before doing declassification on Joint Chiefs of Staff documents.

-Harold Stuart, a former member of the Truman administrative. He had been listed as a member of an advisory committee for MJ-12 in Robert Collins' 2005 book Exempt from Disclosure. In replies to letter from researcher Brian Parks Stuart stated, ". I have a vague recollection of MJ-12, but not significantly specific to make a comment... I was not on the MJ-12 Advisory Board and only have a faint recollection of this project or group. I did know most of the Generals you mentioned in your letter, but sorry I cannot shed any light on your request."

-Researcher Lee Graham wrote many letters and filed dozens of FOIA requests to try and validate the MJ-12 document. On May 24, 1990, the Defense Investigative Service (DIS) responded to one of Graham's FOIA requests by sending him back a copy of the MJ-12 document, each page of which was stamped "UNCLASSIFIED" across the lower part of the page. This indicated the document had been declassified. Graham was never able to obtain clarification on who had done the declassification.

-In a 1987 letter written by John Andrews to his good friend Lockheed Skunk Works President Ben Rich, Andrews stated that he had known of MJ-12 for years "even though officially it didn't exist." In a discussion with Lee Graham he said he had heard of MJ-12 in early 1984 which was almost a year before researchers Moore and Shandera reviewed copies of the MJ-12 briefing document for President Eisenhower in the mail.

Since the release of the book in January 2013, there have been two new pieces of evidence that help to confirm that there was a MJ-12 UFO control group. The first piece of new evidence came from a story that was told by Jesse Marcel Jr. who was the son of the intelligence officer at the Roswell Army Air Base that handed the July 1947 UFO crash. Marcel told his story in front of the May 2013 Citizen's Hearing on Disclosure in Washington D.C.

According to Marcel "a number of years ago" he was called to Washington D.C. by Dick D'Amato for a meeting in a secure room in the Senate Building. D'Amato was chief counsel and chief investigator for Senator Byrd's Senate Appropriations Committee. When the Area 51 story broke in 1989 in Nevada, Byrd and other senators on the committee (responsible for all budget spending) wondered if they were in fact financing back-engineering of flying saucers at Area 51 without being told what they were paying for. D'Amato was provided the appropriate security clearances and sent to investigate. D'Amato confirmed the alien projects but was not able to penetrate them. He told Steven Greer, "'I've been asked by Senator Byrd and some others to look into these things, and we've gotten close enough to know that these projects do exist. But I'm telling you that with a Top Secret clearance and a subpoena power from the Senate Appropriations Committee, I cannot penetrate those projects. You're dealing with the varsity team of all black projects, so watch out. And good luck."[i]

Marcel stated that he and D'Amato met around a huge conference room table. On the table was a novel that had been written by Whitley Strieber called "Majestic." The book is about the Roswell crash and the MJ-12 control group that was established to deal with the extraterrestrial appearance on earth. D'Amato said, "I want to tell you something. This (pointing to the book) is not fiction."

Marcel asked, "When are you going to tell the public?"

D'Amato replied talking about the MJ-12 control group that oversees the UFO cover-up, "If it were up to me I'd have done it yesterday, but it is not up to me. I am just here to investigate the cost of keeping it secret. In reality there is a black government. They have control of the debris. They answer to no one and they are not elected. They have unlimited money to spend. They are the ones who have control over it."

The second piece of new evidence came from a very unlikely source – Dr. John Alexander. John was a Colonel in the US Army, and had been interested in the UFO mystery since a young boy in 1947. He also had done work on “esoteric projects, specifically in the intelligence community with psychokinesis.”

Alexander wrote a book on his UFO investigations called “UFOs: Myths, Conspiracies, and Realities.” In the book Alexander pointed out that although UFOs are real, they are of no interest to the American government, and therefore there is no cover-up of the facts by American officials.

Alexander is also well known in the UFO community for hosting a Top Secret – Special Access series of meetings in the mid-1980s to look at the UFO problem for a possible new government look at the problem. The group was called the Advance Theoretical Physics Group and interestingly had exactly the same “Top Secret-Restricted Classification” as the MJ-12 document.

In a June 15, 2013 interview with radio show host Nancy Du Tetre Alexander, Alexander suddenly announced that the MJ-12 group had existed.[ii] This sudden disclosure was strange. That is because the MJ-12 controversy is central to the whole government cover-up theory believed by most in the UFO community. Yet Alexander did not talk about the MJ-12 idea in his book which had as its basic premise that there is no government control group dealing with the UFO mystery.

This is the transcript of the interaction;

Alexander: I think that there actually was a group and they were created something known as COG – continuity of government – and it was to prevent nuclear decapitation of the United States. It was really super super sensitive.

Nancy Du Tetre: Well let me ask you this. Does MJ-12 as far as you know exist today?

Alexander: I don't think so. I had someone whisper to me that it had existed. I didn't think it had existed at all, but when I looked into it and asked if the names were correct, and they said yes and that should tell me what I need to know to figure it out. That's how we came up with this particular occupation because most of them were into nuclear warfare. That was one common thread of all the people on the list, and much more so certainly than with UFOs.[iii]

Even though Alexander's personal opinion of what the group might have been differs from the UFOP control group interpretation, the significance of what Alexander said cannot be emphasized enough. MJ-12 existed and the names on the UFO document that appeared on a film in the mailbox of Jamie Shandera in 1984 were correct.

[i] http://www.bibliotecaledes.net/sociopolitica/sociopol_greer09.htm

[ii] John Alexander Interview with Nancy Du Tetre June 15, 2013 <http://hotleadscoldcases.podomatic.com/>

[iii] June 13, 2013 Nancy Du Tetre Interview with John Alexander

Dr. Jesse Marcel, Jr. Passes August 24 August 29, 2013

<http://unxnews.blogspot.com/2013/08/dr-jesse-marcel-jr-died-august-24.html>

One of the most outspoken people in ufology, Col. Dr. Jesse Marcel, Jr., died on August 24, 2013 at home while reading a book on UFOs. Dr. Marcel was the son of Major Jesse Marcel, Sr. who investigated the Roswell, New Mexico debris field site in 1947.

I had the opportunity to interview Jesse in 2011 when he spoke at the OZ UFO Conference in Lawrence, Kansas. Jesse said that his father stopped at their home late one evening to show him something from "out of this world," which included a metallic substance that returned to its original shape when crumpled and could not be cut or damaged in any way. Other items included something resembling small I-beams with strange symbols on them. In later years, Jesse drew the symbols from memory and had replicas made of the I-beams.

Dr. Jesse Marcel served as a flight surgeon in Iraq at the age of 68, and served two tours of duty, where he sustained injuries to his legs. He wore braces in order to walk. I was amazed at the man's stamina and being able to serve in the military at his advanced age, but he was a real patriot and wanted to serve his country. He was unable to maintain his private medical practice after returning from the Iraq war.

Jesse Marcel spoke at the Citizen's Hearing on Disclosure in Washington D.C. last May, where he related his first-hand account of what he witnessed in 1947. There were few first-hand witnesses at the hearing, and having Marcel's testimony went a long way. He traveled the UFO circuit, speaking at conferences about the items he handled to large crowds, and he told me that he did so without repercussions from any government agency.

Jesse Marcel witnessed a UFO: Jesse also told me that he witnessed a UFO while on his last tour in Iraq while flying in a helicopter, with a second helicopter not far away, a large ball of bright light came up between the two aircraft and remained there for a few seconds, then shot off at an enormous rate of speed. "It wasn't one of ours," Jesse said.

I'll put the interview up on YouTube shortly.

ARE OFFICIAL SECRETS DESTINED FOR DESTRUCTION?

By Nick Redfern - 9/12/13

<http://ufodigest.com/article/official-secrets-0912>

Mahatma Ghandi, the man who ultimately led India to gain independence from the United Kingdom, made a wise and knowing statement: "A small body of determined spirits fired by an unquenchable faith in their mission can alter the course of history."

Ghandi's words were intended to be interpreted in a wholly positive fashion. That is to say, when people put their minds to tasks in hand, and their belief is solid, strong and unswerving, they can achieve just about anything and everything they desire.

There is, however, another body of determined spirits that have an unquenchable faith in their mission and who can, and most assuredly have, altered the course of history. They have done so in two most unfortunate ways: by hiding history and, sometimes, even erasing it from the face of the Earth. And who might they be?

They are nothing less than a small but very influential body of characters secreted within the highest echelons of worldwide governments. Following secret agendas, they have buried, burned, shredded and hidden from the general public an incalculable number of Top Secret files that, if released and made available for one and all to see, would undoubtedly rewrite significant portions of 20th and 21st Century history.

It should be noted that government files and records get destroyed or denied release for all manner of reasons, not all of them, or even most of them, remotely sinister in the slightest. And on this matter, it's vital to dispel some widely held views, opinions, assumptions and prejudices.

All too often conspiracy theorists point fingers at government agencies and, by default, practically accuse all of their collective employees of being implicated in countless cases of controversial chicanery and cover-up. The reality of the situation is that the overwhelming majority of all employees of officialdom are not engaged in any form of deceit, deception and conspiracy. Indeed, the exact opposite is the case.

Most of those who work in the arena of government, and for whom high-level secrets are part and parcel of their everyday work, should not be demonized. They are loyal, patriotic individuals doing their very utmost to defend their respective nations and people from enemies and aggressors. It is, however, and most unfortunately, the actions of the very few that create situations that reflect upon, and sorely and unfortunately taint, the many.

On the matter of those aforementioned buried, burned, shredded and hidden files, they cover a wide and varied range of highly controversial issues. Take, for example, the infamous UFO crash at Roswell, New Mexico in 1947. Numerous files that should exist cannot be found. Anywhere.

Not even the United States Congress, the Air Force, or the Government Accountability Office (the investigative arm of Congress) has been able to locate the records pertaining to the alleged alien event.

An almost identical situation applies to what might be termed a British Roswell. It's an out of this world incident that occurred in December 1980, and that shook the British Government to its foundations. Like Roswell, it's also a saga dominated by missing records and vanished files.

Moving away from UFOs, there are major questions to be answered, many of them relative to the world of Hollywood and famous faces: why does the CIA deny holding any files on the world's most famous blond, Marilyn Monroe, when documented evidence from other agencies demonstrates the agency does have records on the legendary star?

As for Diana, Princess of Wales – arguably one of the most famous faces of all time – who is it that sits tight on the hours upon hours of illegal recordings of her private phone calls with close confidantes and secret lovers?

What about classified government projects of a highly controversial nature? We're talking, now,

about mind-control, the use of human test-subjects in radiation-based experiments, and even officialdom's deep digging into the dark and disturbing arena of black magic, Satanism, and the occult. We know the projects existed, but where are the records? Who is hiding them? Who destroyed them? Why is their very existence denied?

The Watergate affair which brought down President Nixon, the November 1963 assassination of President John F. Kennedy, and the secret stash of files of legendary FBI boss, J. Edgar Hoover, are all dominated by vanished and destroyed evidence too.

The world of official secrets is not just focused upon preserving those same secrets. Rather, it's focused upon destroying them, too.

If you would like more information or to purchase this book from AMAZON.COM click on its title: For Nobody's Eyes Only: Missing Government Files and Hidden Archives That Document the Truth Behind the Most Enduring Conspiracy Theories - http://www.amazon.com/gp/product/1601632886/ref=as_li_qf_sp_a_sin_tl?ie=UTF8&camp=1789&creative=9325&creativeASIN=1601632886&linkCode=as2&tag=paranortalkra-20

**UFO sightings in Canada in 2012
doubled previous record
Nearly 2,000 UFOs reported,
with 7.5% unexplained
CBC News, May 15, 2013**
<http://www.cbc.ca/news/canada/nova-scotia/story/2013/05/15/ns-ufo-sightings-double.html?cmp=rss>

More Canadians say they are seeing unidentified flying objects than ever before, with 2012 numbers nearly doubling the record number of sightings recorded in previous years.

'What exactly is driving the UFO phenomenon? Why do people report seeing UFOs? ... Maybe there's some worthwhile information in there that needs rooting out.'—Chris Rutkowski, *Canadian UFO survey*

In 2012, there were 1,981 sightings, nearly doubling the previous annual record of 1,004 sightings recorded in 2008. There were record numbers of UFOs reported in every province last year except for Saskatchewan and P.E.I.

Chris Rutkowski, a civilian science writer who has produced the Canadian UFO survey since 1989, has just finished compiling all of 2012 reports.

"It's something across the board," said Rutkowski. "People in Canada were actually looking up into the sky more than in previous years."

The objects people witness come in a variety of forms — from triangles and balls of fire, to the more traditionally ovoid-shaped flying saucers, hovering in the sky.

Adam Canning, 10, of Lake Charlotte, N.S., is one of the many hundreds of Canadians who are reporting UFOs.

He said the UFO he witnessed with a friend earlier this year looked like an orb.

"I could see it in the distance for about a minute and then like boom, it went really fast," said Adam, standing on a hill near his house, pointing at the sky.

"I heard this, beep, beep, beep. I knew something was in the sky. I looked up and there was a big thing. Big, round, like a big hotel or something. I looked at my buddy and I'm like, 'That has to be a UFO.' There's normally helicopters flying over our house but that was way bigger than a helicopter, so I knew it wasn't a helicopter," he said.

A drawing of the UFO 10-year-old Adam Canning from Nova Scotia reported seeing in January. A drawing of the UFO 10-year-old Adam Canning from Nova Scotia reported seeing in January. (www.uform.blogspot.ca)

"There was this one little thing sticking out from the front, it looked like a little gun or something, and there were these two things sticking out of the bottom, it looked like legs or something ... There were these little round lights, around the whole thing and at the top, there was one big light."

The majority of 2012's sightings were gathered by civilian organizations, after various federal agencies decided to give up tracking and investigating UFO reports, according to documents obtained under the Access to Information Act earlier this year. Those organizations then pass their information on to Rutkowski.

He said that may be part of the reason for the more that double the number of reports in 2012.

“It is very easy to report online, anonymously, without any worry about judgment or retribution, so I think it is very likely people will be reporting things more often to civilian organizations,” he said.

Kathleen Canning, Adam’s mother, said she is convinced her son is telling the truth about what he saw that night last January.

“Even before this sighting, I think for us to think we are the only ones in this vast universe is a bit naive, perhaps,” said Canning.

Adam drew a picture of what he saw that evening. Rutkowski said it is one of the rare times a UFO cannot be explained.

“Only about 7.5 per cent of the cases last year ended up being unexplained. Oddly enough, only about 15 per cent were completely explained, so it’s really a matter of intense investigation. There’s a lot of work that needs to be done before we can put reports like this into bed,” said Rutkowski.

“Since we don’t have the proof or evidence to suggest that aliens are behind the UFO phenomenon, what exactly is driving the UFO phenomenon? Why do people report seeing UFOs? That’s one of the reasons we put together this study is to ask these questions and suggest that maybe there’s some worthwhile information in there that needs rooting out.”

Adam’s sighting will be counted in the 2013 survey, expected to be completed next year. Some of the most interesting cases from 2012:

Jan. 1: 9:30 p.m.

Cornwall, P.E.I. — Two witnesses watched a triangular black craft with pink lights on its wingtips pass overhead slowly and silently. When it was directly overhead, the object’s underside looked like a large bright ball of white light. It flew around the town in an arc, reversed course and eventually flew off to the north over the treetops. The sighting lasted about five minutes.

Feb. 25: 5 p.m.

Elmira, Ont. — Two witnesses saw two dark objects “shaped like guitar picks” moving silently overhead at an estimated 61 metres high, heading east.

May 11: 12:37 a.m.

Courtenay, B.C. — A large square object with more than 30 multicoloured lights hovered over the

ocean, moved from side to side and then in an arc. It was described as a “giant lit up billboard floating in the sky.” It made “rounds” for 10 minutes before vanished from sight.

July 7: 11:30 p.m.

Saint John, N.B. — An object like a bright “neon green hexagon” suddenly appeared only six metres away from a witness. It remained motionless and silent, appeared to split in two sections then reformed. When the witness went to get someone else to see it, it vanished.

Aug. 3: 9:30 p.m.

Shoal Harbour, N.L. — Four people saw a disc-shaped, glowing orange object flying west to east across the sky, then stop suddenly in mid-flight. After about 10 seconds, it resumed its flight and went out of sight.

Nov. 18: 12:15 p.m.

Brossard, Que. — Three witnesses observed an object “twirling” above a field in an industrial area. After watching it for three minutes, one filmed it with his iPhone as it moved away towards the west.

Chad Lewis presents “The Van Meter Visitor” at MUFON MN

Chad Lewis, paranormal researcher and author for Unexplained Research, will give a presentation based on his latest book “The Van Meter Visitor” at the **Sept. 14 MUFON MN meeting**. Chad is a member of MUFON and former State Director for MUFON WI.

Some of you may have seen Chad’s presentation on “Mysterious Creatures of MN and WI” at the 2011 MN UFO Conference. Chad brings over 15 years of research experience to his presentations. He has trekked the world in search of the paranormal, has been featured in hundreds of radio, TV, and newspaper interviews, and is the co-author of the “Road Guide to Haunted Locations” book series. There is never a dull moment with Chad’s presentations!

“The Van Meter Visitor” is based on an investigation a little closer to home. Chad promises UFOs, strange creatures, and lots of mystery and intrigue with this presentation. Chad will be available to sign books before the presentation and during the break.

MUFON MN meets Saturday, Sept. 14, at the New Brighton Community Center, 400 10th St. NW, New Brighton, MN 55112. Room 224. 2 - 5 pm, with the room open at 1pm for the book signing. Admission is \$3 for MUFON members and \$5 for non-members.

For more information: The Van Meter Visitor <http://thevanmetervisitor.com/>

Chad Lewis:

<http://www.unexplainedresearch.com/index.html>

Join MUFON: <http://mufon.com/>

Chad Lewis is a former State Director for MUFON WI and a paranormal researcher and author for Unexplained Research. Chad holds a Master's of Science degree in Applied Psychology from the University of Wisconsin-Stout. Chad has trekked across the world in search of the paranormal, bringing over 13 years of research experience to his presentations. Chad has been featured in hundreds of radio interviews, TV appearances, and newspaper articles. Chad is also the co-author of the Road Guide to Haunted Locations book series. Are you afraid to go out in the MN and WI woods alone? Chad will tell you if you should be! www.unexplainedresearch.com

Vortex Conference Wisconsin

Oct. 25 - 27

Rich Heiden <rwheidenu@yahoo.com>, 20 Aug 2013

This year the Vortex Conference (Burlington, Wis.) is Oct. 25 - 27, 2013.

The price went down, because the speakers are more local than before. Also, the lectures are clustered by subject, with UFOs on Saturday the 26th, which is the busiest day.

Organizer Mary Sutherland says she is still working on the schedule, and that press passes are available for media wanting to cover the event.

For details:

<http://www.burlingtonnews.net/conference>

For up to date information on MUFON Minnesota meetings and agendas, including special speakers, visit: <http://www.mnmufon.org/agenda.htm> or <http://www.mnmufon.org/event.htm>

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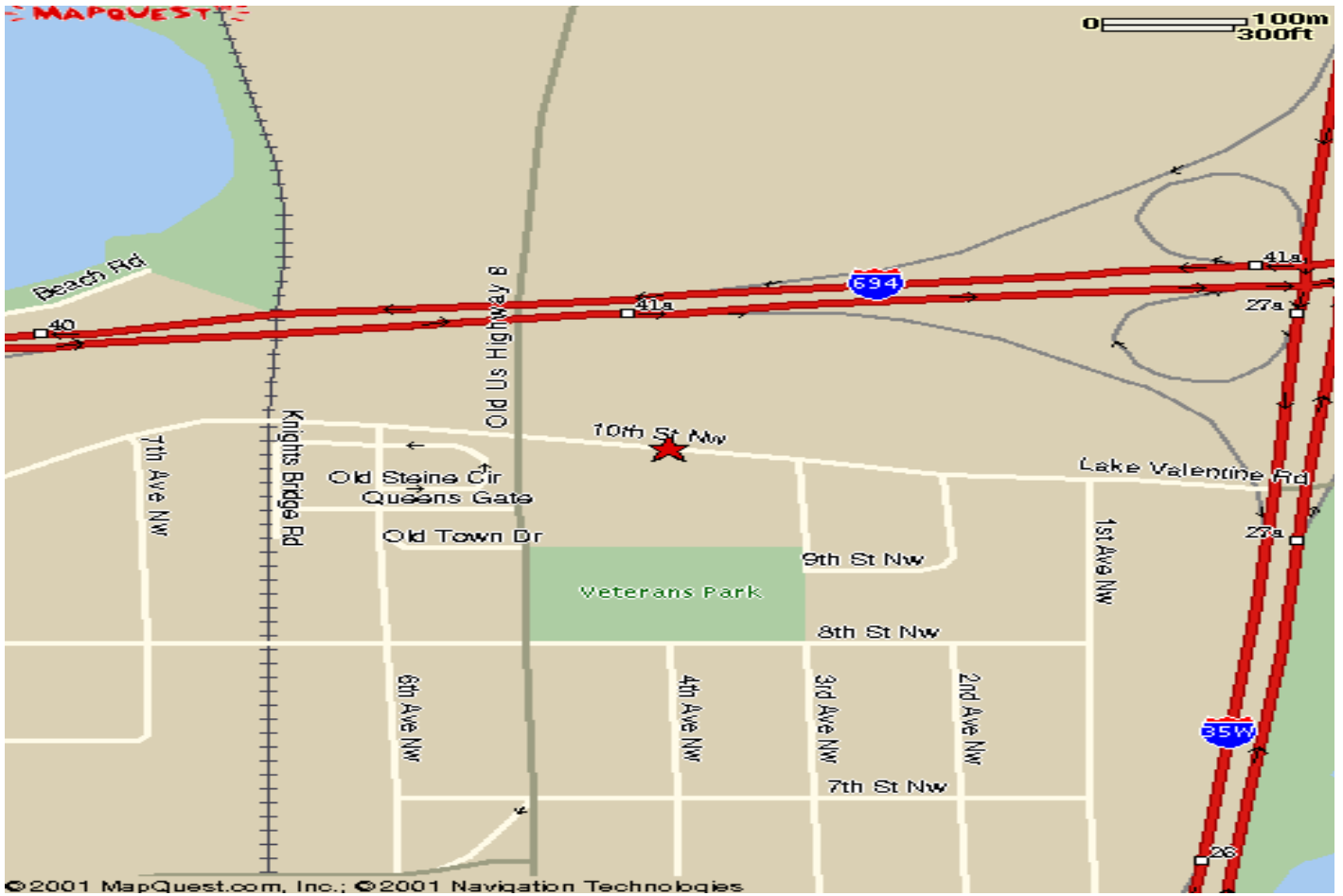
National MUFON Hotline

To report UFO news, sightings, etc. call (888) 817-2220

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